

LIFETIME[®]
**LEADVILLE
TRAIL100MTB**

PRESENTED BY **KENETIX[®]**



2024
**ATHLETE
GUIDE**

LEADVILLERACESERIES.COM



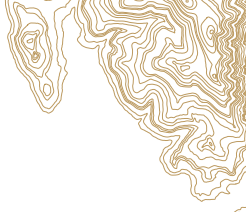


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WELCOME INTRO

WELCOME HOME!

You didn't find Leadville, Leadville found you! So, come on home and once again, prepare to Dig Deep and breathe 10,200 feet of pure Leadville mountain air.

The event you've committed to will demand you Dig Deep. From the 10K, to the 100 mile run/100 mile mountain bike, Merilee and Tamira have spared no time or effort to remove any easy parts. Digging Deep will begin at the sound of the shotgun. Expect every stride, every push of the pedal to hurt some, and then, some more. So make pain your friend and you'll never have to run/ride alone. We believe in you! Now, you must believe in you. We have proved 1,000's of times—inside each runner, each rider is an inexhaustible well of Grit, Guts and Determination. So, when you need it, and you will—DIG DEEP! It's there! Inexhaustible!

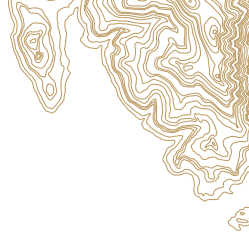
Since that first 100 mile run in 1983 our primary goal has not changed: the economic survival and vitality of Leadville. And because of you, we have grown. On your behalf and in your honor, we established the Leadville Trail 100 Legacy Foundation. The Legacy, with the Leadville Race Series, has awarded more than \$1,120,000 in college scholarships to Lake County graduating seniors choosing to pursue higher education. In concert with our partner, the Life Time Foundation, we have joined forces on a variety of projects including grants for new trails and a mini excavator to build them, supporting healthy school lunches, and a new gym floor at Lake County High School. None of this would have been possible without the most important part of the Leadville Race Series—YOU!

You are family. Remember to thank the staff and volunteers whose hard work is singular—to get you from the starting line to the finish line. Family, friends, your job; all have sacrificed to get you to this point. Don't let them down. Don't let yourself down. From the bang to the buckle—totally you. Dig Deep. Commit. Repeat to yourself, "I won't quit".

CROSSING THAT RED CARPET WILL CHANGE YOUR LIFE. THE SILVER BUCKLE IS WHAT YOU GET. WHAT YOU GAIN IS WITHOUT LIMITS!!

Ken, Merilee & YOUR LEADVILLE RACE SERIES TEAM

SCHEDULE OF EVENTS



THURSDAY, AUGUST 8TH

1:00pm-7:00pm | EXPO, PACKET PICKUP
[135 E. 6th Street, Leadville, CO](#)

- Photo ID is required
- Packets must be picked up in person
- Packets will not be mailed or given to others

5:00pm | LT100 LEGACY FOUNDATION SUGARLOAF PASS DINNER + BENEFIT

- For 200 guests, we'll roll out the Red Carpet for a night of celebration with food, live music, special guests, and libations. 100% of the proceeds for ticket sales go to benefit the Leadville Trail 100 Legacy Foundation and the Life Time Foundation.
- Sign up for the Benefit Dinner



EXPO STAGE PROGRAMMING

2:30pm-3:00pm | LIFE TIME GRAND PRIX PRESENTED BY MAZDA ATHLETE AUTOGRAPH SIGNING

4:00pm-5:00pm | 1994 RACE RECAP SHOWING + HAPPY HOUR Hosted by Waymaker Law

5:00pm-7:00pm | LIVE MUSIC

CREWING SETUP PERMITTED

- Twin Lakes Dam**
Friday Aug. 9th at 2:00pm
- Mountain View Overlook Parking Area**
Saturday Aug. 10th at 5:00am
- Pipeline Alternate Crewing**
Friday Aug. 9th at 5:00pm
- Outward Bound**
Saturday Aug. 10th at 5:00am
- Lost Canyon / Twin Lakes Alternate Crewing**
Saturday Aug. 10th at 6:00am

FRIDAY, AUGUST 9TH

10:00am | MANDATORY ATHLETE MEETING
[Lake County High School Football Field](#)
 *Outdoor Venue

11:00am-5:00pm | EXPO, PACKET PICKUP
[135 E. 6th Street, Leadville, CO](#)

- Only clear plastic bags are allowed – please bring your own bags.
- Clearly label bags with your name, race number and which

DROP BAG RETURN

5:00pm - 9:00pm Saturday
 10:00am - 5:00pm Sunday
[316 Harrison Ave](#)

Note: Any bags not picked up by 5pm Sunday will be donated to local charities!

EXPO STAGE PROGRAMMING

11:30pm-12:00pm | PROTECT OUR WINTERS X SENATOR HICKENLOOPER PANEL

1:00pm-1:30pm | 30TH ANNIVERSARY PANEL WITH 1994 CHAMPIONS JOHN STAMSTAD AND LAURIE BRANDT, AND 30-YEAR BUCKLE CHASERS JOHN CALLAHAN AND TODD MURRAY

1:30pm-2:00pm | LIFE TIME GRAND PRIX PRESENTED BY MAZDA ATHLETE PANEL

SCHEDULE OF EVENTS CONTINUED

RACE ACROSS THE SKY EXPO

THURSDAY, AUGUST 8TH 1:00pm – 7:00pm
FRIDAY, AUGUST 9TH 11:00am – 5:00pm

LOCATION

135 E. 6th Street, Leadville, CO

We're thrilled to announce a fresh collaboration between the Leadville Trail 100 Legacy Foundation and Community Threads, a local consignment store in Leadville. Don't miss the chance to donate your new or gently used gear at the Race Across The Sky Expo, and join us in giving back to a great cause. Proceeds from the consignment of these items will support the LT100 Legacy Scholarships and Legacy Grants program. Click [HERE](#) for details on accepted items, our location at the expo, and to discover more about our partners!

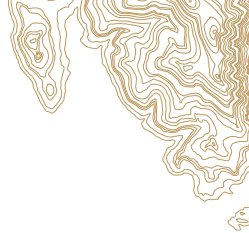


PARTICIPATING VENDORS:

- | | | | |
|-------------------------------------|---------------------------------------|------------------------------|--------------------------------|
| 1up USA | ENVE Composites | Muc-Off | Shimano |
| Best Day Brewing | FKT Gear | Neversecond | Silca |
| Borrah Teamwear | Garmin | Optic Nerve | Skratch Labs |
| Boundless Coaching | GoodLife Brands | Orange Seal Cycling | Specialized Bicycle Components |
| Chris Klung Foundation | Kenda Tire | Precision Fuel and Hydration | SRAM |
| Colorado High School Cycling League | Kodiak Cakes | Proud Source | Unilever |
| Colorado Outward Bound School | Küat Racks | QEJA | USWE |
| Craft | Leadville Trail 100 Legacy Foundation | Rudy Project | Vander Jacket |
| Cycles of Life | Life Time Foundation | Savage Snacks | Vitality Wellness |
| EndurElite | Livestrong Foundation | SCOTT Sports | Voler Apparel |
| | LOOK & Corima USA | Segterra (Inside Tracker) | Wolf Tooth Components |
| | Mazda | | |



SCHEDULE OF EVENTS CONTINUED



SATURDAY, AUGUST 10TH RACE DAY

CORRALS OPEN
5:00AM – 6:15AM
[Corner of 6th St & Harrison](#)

RACE START
6:30am

6:15am	GOLD / PRO MEN
6:20am	GOLD / PRO WOMEN
6:32:30am	SILVER/RED
6:35am	GREEN
6:37:30am	PURPLE
6:40am	ORANGE
6:42:30am	BLUE
6:45am	WHITE
6:47:30am	BROWN 1
6:50am	BROWN 2

Corral Notes:

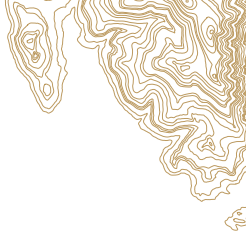
- Please note wave times were adjusted in 2022 and remain in effect!
- We will be staging on Harrison Ave.! Look for your corral marker on Harrison or West 6th St.

New for 2024:

- We have added a BROWN corral.
 - There will be two self seeded waves within the BROWN corral
 - Please review corral wave time starts for more info!
- Waves are used as a means to reduce congestion and increase experience and safety!
- Cutoff times have been adjusted from 2021 to ensure that all corrals have 12 hours to complete the race.
- All belt buckle times are based on chip time.
 - No matter what wave you're in and what time you cross the start/finish, you will have 12 hours to complete the race as an official finisher.

POST-RACE FINISH FESTIVAL 12:00pm - 8:00pm	LIFE TIME GRAND PRIX AND PRO CATEGORY AWARDS 4:00pm	POST-RACE AWARDS 7:00pm
LOCATION Stage at 6th and Harrison		
9-HOUR CUTOFF TIME Big buckle* 3:30pm - 3:50pm	12-HOUR CUTOFF TIME Race completion and small buckle* 6:30pm - 6:50pm	DROP BAG PICK-UP 5:00pm - 9:00pm Leadville Retail Store

*Chip times will be used for all belt buckles. | We will ship all finisher jackets directly to your door.



// SCHEDULE OF EVENTS CONTINUED

SUNDAY, AUGUST 11TH

7:00am -
8:45am

LEADVILLE TRAIL 10K PRESENTED BY LA
SPORTIVA PACKET PICK-UP
[Courthouse Lawn \(Corner of 6th & Harrison\)](#)

9:00am

LEADVILLE 10K AND FREE KIDS DASH
[Corner of 6th St & Harrison](#)

- Please see the [Leadville 10K event page](#) for more information.
- Kids Dash will be announced and will start at approximately 9:15am

DROP BAG PICK-UP
10:00am - 5:00pm
[Leadville Retail Store](#)





COURSE OVERVIEW

LIFE TIME LEADVILLE TRAIL 100 MTB PRESENTED BY KENETIK

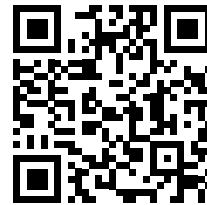
This is it, the granddaddy of all endurance MTB races. Get ready for a big day in the saddle. The 104-mile out-and-back course is in the midst of the Colorado Rockies. With a low point, 9,200 feet in Twin Lakes and a high point at Columbine Mine, topping out at 12,516 feet. The majority of the course is on rough forest service roads and high alpine two track with a little bit of singletrack to keep you on your toes. Come prepared, leave as a legend.

105 Miles	12,480' Elevation Gain	9,219' Lowest Point	12,499' Highest Point
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GARMIN CONNECT COURSE LINK



PLOTAROUTE COURSE LINK



SOME COURSE BUILDING PLATFORMS SHOW
DIFFERENT ELEVATION GAIN VALUES. HOWEVER,
THIS WILL NOT AFFECT YOUR TURN BY TURN
NAVIGATION FOR THE RACE"

NEW FOR SAFETY IN 2024

- The course will route through Outward Bound Property at mile 24.8 until Mile 26 where it rejoins the traditional course.
- This will add 1.2 miles of single track and eliminate the pavement portion.





COMMUNITY IMPACT **EVENT CHANGES**

WELCOME LEADVILLE RACE FAMILY!!!

We are looking forward to sharing yet another magical, dream chasing, soul changing race season with all of you! Thank you for all you bring, including all of your support to our local community.

As many of you know, these events have grown from the timely vision of Ken and Merilee to address a critical economic impact with our local mine closing in 1982. From the first 45 starters in 1983, to 7 weekends of sold out events, we can all agree their vision has not only been incomparably realized, but has forged the path for outdoor recreation as a mainstay of today's economic vitality in Leadville.

With this in mind, we are reaching out to all of you to invite and request your support in how we manage the intersection of economic vitality with local impact. Please know these changes were not implemented lightly, but made collaboratively with local government agencies, with the greatest consideration for safety and experience for all. Much like the climb up Columbine, if something seems insurmountable, our athletes adapt and astound us every time.

There are a number of changes for 2024, with the most significant listed below this letter. Please be sure to read the athlete guide from front to back, and always check the website for the most current updates.

Please join us in continuing to forge the vision of Ken and Merilee in a sustainable stewardship path forward. Together we are “so much better than we think we are”... and can ALWAYS “do more than we think we can”. Thank you for joining myself, our amazing team, and our precious community of Leadville in these collective efforts.

LETS DREAM BIG AND FINISH STRONG!

Tamira

**Race Director
Leadville Race Series**



2024 LT 100 MTB CREWING CHANGES

FIRST, THE WHY:

- **Athlete safety:** The current congestion poses an unsafe level of risk for athletes and the Twin Lakes locals.
- **Emergency Services:** are facing delayed response times for accidents in the area.
- **Traffic:** Travelers are facing delays between Leadville and Aspen.

TWIN LAKES CREWING LOCATION

To ensure that all crews are able to meet and support their athletes in a timely manner, we will have limited parking and 20+ shuttles available.

Gold, Silver, and Red Corrals:

- Only Gold, Silver, and Red corrals will have the ability to park at Twin Lakes in the designated spots provided by the Leadville Race Series team.
- **Athletes/Crews in these corrals will receive:**
 - 1 parking pass color coded to your athletes corral
 - 4 color-coded crew wristbands
 - Wristbands not required for kids 10 & under

Green, Purple, Orange, Blue, White, and Brown corrals:

- **Crews must park/shuttle from Outward Bound.**
- **Shuttles**
 - 20+ shuttles will loop from Outward Bound to Twin Lakes Dam
 - Shuttles will run between 5:00am-4:00pm.
- **Athletes/Crews in these corrals will receive:**
 - No Parking Pass needed
 - 4 color-coded crew wristbands
 - Wristbands not required for kids 10 & under

TWIN LAKES DAM SETUP INFORMATION:

Friday, August 9th from 2:00pm-10:00pm

Staff will be on site to help you get set up, and security will be in place all night.

- **Please plan to drop all large items on Friday as they will not be allowed on shuttles on Race Day, including:**
 - Tents (10x10 only)
 - Coolers
 - Chairs
 - Strollers that cannot be folded and transported quickly



2024 LT 100 MTB CREWING CHANGES CONT.

How to bring your belongings back to Leadville:

- Staff will remain onsite. Crews will have two options:
 - As time and space allow, crews can take gear back on the shuttles after 12:00pm
 - Beginning at 4:00pm, crews are welcome to drive to Twin Lakes to pick up their belongings.

We encourage you to pack efficiently so that all crews have enough space and shuttles can leave in a timely manner!

OUTWARD BOUND CREWING LOCATION

No crew or parking limits at this aid station! Bring all the support you need!

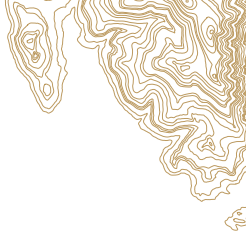
PIPELINE ALTERNATE CREWING LOCATION

No crew or parking limits at this aid station! Bring all the support you need!

LOST CANYON/TWIN LAKES ALTERNATE CREWING LOCATION

- **All Athletes/Crews will receive:**
 - 1 GREEN parking pass
 - 4 color-coded crew wristbands
 - Wristbands not required for kids 10 & under
- **Lost Canyon Setup Information:**
 - Saturday August 10th beginning at 6:00am





AID STATIONS & COURSE CUTOFFS

AID STATION LOCATIONS

<p>① Carter Summit 10.5 Miles</p> <p>② Outward Bound 25 Miles</p> <p>③ Twin Lakes Dam 40.8 Miles Outbound Cutoff Time 10:50am</p>	<p>④ Columbine Mine 52 Miles Turnaround</p> <p>⑤ Twin Lakes Dam 63.2 Miles Inbound Cutoff Time 2:35pm</p>	<p>⑤ Outward Bound 78.5 Miles Inbound Cutoff Time 4:00pm</p> <p>⑤ Carter Summit 92.8 Miles Inbound Cutoff Time 6:20pm</p>
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AID STATION SUPPLIES

- Water
- Skratch Labs (On Course Nutrition)
- Precision Fuel and Hydration (Gels)
- Coca-Cola Products
- Fruit
- Cookies
- Potato Chips
- Salty Snacks

CUT-OFFS

- Chip times will be used for all buckle awards and will be verified at the finish line. All course cutoffs are based on gun time.
- There will be several well-stocked aid stations along the course. Aid stations are staffed by rock star volunteers and staff, be sure to thank them!





\\ CREW & SPECTATOR INFORMATION

FULL DETAILS BY AID STATION

CARTER AID STATION

- NO CREWING at any point at Carter Aid
- Law enforcement will be present to support

OUTWARD BOUND AID STATION - NEW PRIMARY AID STATION!

- Crew Set up permitted beginning 5:00am on Race Day - Saturday Aug. 10th
- No crew or parking limits at this aid station! Bring all the support you need!

PIPELINE CREWING/PARKING ALTERNATE

- Crew Set up permitted beginning 5:00pm Friday - Aug. 9th • Alternate crewing station
- No crew or parking limits at this location! Bring all the support you need!

TWIN LAKES AID STATION

- Crew Set up permitted beginning 2:00pm - Friday Aug. 9th
- In a critical need to decrease congestion/traffic and ensure EMS response:

Gold, Silver, and Red Corrals:

- Only Gold, Silver, and Red corrals will have the ability to park at Twin Lakes in the designated spots provided by the Leadville Race Series team.

Athletes/Crews in these corrals will receive:

- 1 parking pass color coded to your athletes corral
- 4 color-coded crew wristbands

Green, Purple, Orange, Blue, White, and Brown corrals:

- Crews must park/shuttle from Outward Bound.

Shuttles:

- 20+ shuttles will loop from Outward Bound to Twin Lakes Dam
- Shuttles will run between 5:00am-4:00pm.

Athletes/Crews in these corrals will receive:

- No Parking Pass needed
- 4 color-coded crew wristbands

This will be strongly enforced with law enforcement present. Attempting to park in this area will result in disqualification of your athlete. Cars will be towed as well.

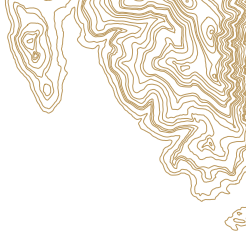
LOST CANYON CREWING/PARKING ALTERNATE

- Crew Set up permitted beginning 6:00am on Race Day - Saturday Aug. 10th

Athletes/Crews will receive:

- 1 GREEN parking pass
- 4 color-coded crew wristbands

You MUST follow all traffic support staff in this area. NO CREW TRAFFIC ON COURSE IN THIS AREA - including up Columbine!



CREW & SPECTATOR INFORMATION

LOCATIONS & SETUP TIMES

OUTWARD BOUND	PIPELINE	TWIN LAKES	LOST CANYON
Outbound Mile 25 Inbound Mile 78.5	Outbound Mile 28.5 Inbound Mile 74.9	Outbound Mile 40.8 Inbound Mile 63.2	Outbound Mile 45 Inbound Mile 59
5:00am Race Day / Saturday Aug. 10th	5:00pm Friday Aug. 9th	2:00pm Friday Aug. 9th	6:00am Race Day / Saturday Aug. 10th

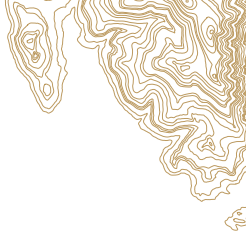
CREW RULES

Crew must abide by Lake County & Chaffee County laws, race rules, listen and respect ALL Leadville Race Series Staff, Volunteers, and personnel in enforcement uniform or vests.

If you fail to abide and respect our community you will be asked to leave and your athlete may be disqualified!

DO
Crews can provide food, drinks and supplies
Pets are allowed - must be leashed and under control at all times
Crews should allow adequate time to walk to aid stations, expect crowds and congestion
Refer to the event web page for up to date shuttle schedules under the “SHUTTLE” Tab. Carpooling is encouraged!
Take the shuttle from Outward Bound Aid Station to Twin Lakes if you are in the Green, Purple, Orange, Blue, White, and Brown corrals
Parking Pass required for Outward Bound Aid Station

Please DON'T <small>*GROUNDS FOR DISQUALIFICATION</small>
No crewing outside of official crew locations - Outward Bound, Pipeline & Twin Lakes, Mayqueen.
Drive/Park at Twin Lakes Dam without a Parking Pass
Litter
No camping - at any of the aid stations. Please refer to pages 4, 12 & 13 for set-up times



PARKING & SHUTTLES

* Please refer to the website for updated shuttle schedule and information

PARKING LOCATIONS

OUTWARD BOUND
 Outbound Mile 25
 Inbound Mile 78.5

Please plan to park here to catch the shuttle to Twin Lakes.

PIPELINE ALTERNATE
 Outbound Mile 28.5
 Inbound Mile 74.9

MOUNTAIN VIEW OVERLOOK PARKING AREA

Mountain View Overlook Parking Area

- THIS WILL NOT BE AVAILABLE FOR CREWS UNTIL SATURDAY MORNING AT 5:00am
Please refer to page 10 and 13 for further details on use of this area
- You MUST take the shuttle to this area
- You will be turned around if you attempt to drive to this area
- Day use only
- You must pay the fee
- First come first serve
- This is a public use area - please absolutely be aware and respectful of other non-race oriented users.

PARKING DO'S & DON'TS

DO

Follow all parking crew upon entering Leadville - pre, during and post event

Observe all "No Parking" signs

Utilize the SHUTTLE SERVICE we will have in place throughout the event.

Refer to the event web page for up to date shuttle schedules under the "SHUTTLE" Tab.

Please **DON'T**

Attempt to park near the startline. NO racer parking at the start.

Park on Harrison Ave. or in front of local businesses

Block people's driveways

Park in **ANY** emergency access areas

ZERO WASTE & LEAVE NO TRACE

ZERO WASTE

All LRS events are under a zero waste initiative, and as such will be enforcing strict guidelines around waste and sustainability at our events. What does this mean? These events have the potential to leave an enormous footprint. Part of our responsibility to this community and all public and private lands involved in these events, is our stewardship and protection of this land. **WE MUST HAVE YOUR HELP!**

TRASH & RECYCLING

- We partner with our local zero waste non-profit, **CLOUD CITY CONSERVATION CENTER (C4)**, to divert 100% of race day waste from our local landfill. All Leadville races are a Zero Waste Event - meaning we do our absolute best to reduce, reuse, recycle and compost before sending something to the landfill.
- **KNOW BEFORE YOU THROW** - Leadville is a small community and we do not have the same waste infrastructure as your community. Please read all signage before tossing your trash -including both event and public receptacles. Aren't sure where to toss it? Ask a Zero Waste Volunteer on site or visit **C4LEADVILLE.ORG** before your trip to plan ahead.
- As a **LEAVE NO TRACE (LNT)** event, racers and crew are required to abide by the LNT principles on race day. We encourage you to follow these principles during your entire visit to Leadville - throughout your race weekend and any training visits you make as well! Please see our page on LNT.
- Intentional littering on the course, will be grounds for disqualification.
- The course—on trails both public and private— travels past many historic sites and through areas of exceptional beauty. Join us in this crucial initiative to keep them pristine!



ZERO WASTE & LEAVE NO TRACE CONTINUED

LEAVE NO TRACE

The Leadville Race Series will directly hold and mirror the 7 principles already established and in place via the US Forest Service. Learn more about the Leave No Trace Principles here:

https://www.fs.usda.gov/Internet/FSE_DOCUMENTS/fseprd605695.html

The Leave No Trace Seven Principles

1 PLAN AHEAD AND PREPARE

- Know the regulations and special concerns for the area you'll visit.
- Prepare for extreme weather, hazards, and emergencies.
- Schedule your trip to avoid times of high use.
- Visit in small groups when possible. Consider splitting larger groups into smaller groups.
- Repackage food to minimize waste.
- Use a map and compass to eliminate the use of marking paint, rock cairns or flagging.

2 TRAVEL AND CAMP ON DURABLE SURFACES

- Durable surfaces include established trails and campsites, rock, gravel, dry grasses or snow.
- Protect riparian areas by camping at least 200 feet from lakes and streams.
- Good campsites are found, not made. Altering a site is not necessary.

IN POPULAR AREAS:

- Concentrate use on existing trails and campsites.
- Walk single file in the middle of the trail, even when wet or muddy.
- Keep campsites small. Focus activity in areas where vegetation is absent.

IN PRISTINE AREAS:

- Disperse use to prevent the creation of campsites and trails.
- Avoid places where impacts are just beginning.



ZERO WASTE & LEAVE NO TRACE CONTINUED

3 DISPOSE OF WASTE PROPERLY

- Pack it in, pack it out. Inspect your campsite and rest areas for trash or spilled foods. Pack out all trash, leftover food and litter.
- Deposit solid human waste in catholes dug 6 to 8 inches deep, at least 200 feet from water, camp and trails. Cover and disguise the cathole when finished.
- Pack out toilet paper and hygiene products.
- To wash yourself or your dishes, carry water 200 feet away from streams or lakes and use small amounts of biodegradable soap. Scatter strained dishwater.

4 LEAVE WHAT YOU FIND

- Preserve the past: examine, but do not touch cultural or historic structures and artifacts.
- Leave rocks, plants and other natural objects as you find them.
- Avoid introducing or transporting non-native species.
- Do not build structures, furniture, or dig trenches.



5 MINIMIZE CAMPFIRE IMPACTS

- Campfires can cause lasting impacts to the backcountry. Use a lightweight stove for cooking and enjoy a candle lantern for light.
- Where fires are permitted, use established fire rings, fire pans, or mound fires.
- Keep fires small. Only use sticks from the ground that can be broken by hand.
- Burn all wood and coals to ash, put out campfires completely, then scatter cool ashes.
- KNOW AND FOLLOW ALL CURRENT FIRE RESTRICTIONS

6 RESPECT WILDLIFE

- Observe wildlife from a distance. Do not follow or approach them.
- Never feed animals. Feeding wildlife damages their health, alters natural behaviors, and exposes them to predators and other dangers.
- Protect wildlife and your food by storing rations and trash securely.
- Control pets at all times, or leave them at home.
- Avoid wildlife during sensitive times: mating, nesting, raising young, or winter.

7 BE CONSIDERATE OF OTHER VISITORS

- Respect other visitors and protect the quality of their experience.
- Be courteous. Yield to other users on the trail.
- Step to the downhill side of the trail when encountering pack stock.
- Take breaks and camp away from trails and other visitors.
- Let nature's sounds prevail. Avoid loud voices and noises.

YOUR SAFETY & HEALTH WHAT YOU NEED TO KNOW

Medical Aid Stations are run by LCSAR and staffed by a combination of LCSAR members and non-member volunteers.

ALL MEDICAL AID STATIONS HAVE BASIC FIRST AID AND BASIC LIFE SUPPORT CAPABILITY, AND PROVIDE:

- Wound and blister care
- Hemorrhage Control
- Orthopedic and athletic injury stabilization
- OTX analgesic medications
- Hypothermia and Hyperthermia care
- Medical assessment
- BLS life support and resuscitation
- Oxygen and IV therapy only to critical patients while awaiting the next level of care (ambulance or flights)
- All medical aid stations can communicate with Race Command and Race Medical Command to request or transfer of the patient to the next level of care.

ON-COURSE EMERGENCY RESPONSE


- On-course emergency response is organized and run by LCSAR and staffed exclusively by LCSAR members.
- On-course rescuers will respond on ATV's, in marked vehicles with lights and sirens, and sometimes on mountain bikes or on foot. Please give way to all rescue personnel you encounter on course!
- If you experience an emergency, or witness an emergency on course, please call 911, if able, and include a bib number and as specific a location as possible in your report. If you are not able to make a call, report your emergency or have a fellow competitor report your emergency to the nearest on-course LCSAR personnel or aid station personnel.

PLEASE REMEMBER:

IV Therapy
=
Medical Transfer

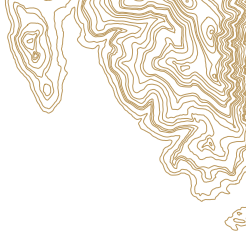
Please give way to all rescue personnel you encounter on course!

INTERESTED IN DONATING?



lakecountysar.org





IMPORTANT INFO & RULES

- 1 Please always remember this is an open/public course and you will encounter traffic on county roads. Stay aware of traffic at all times and remember that safety is priority number one.
- 2 You **MUST HAVE** your **ID** to pick up your packet. You **CANNOT** pick up a packet for your friends.
- 3 Timing chips, located on the back of the race plate, must be worn at all times during the race.
- 4 **DO NOT** fold your plate, this can damage the timing chip and cause timing errors.
- 5 Unsportsmanlike conduct is grounds for disqualification.
- 6 **RESPECT THE LAND** - no garbage, clothing, etc., shall be thrown on the course. If riders are caught littering, they will be disqualified. There will be trash receptacles at all aid stations. Please use them!
- 7 DNFs must be reported to timing, preferably at the start/finish line or nearest aid station.
- 8 No pets on course or at the start/finish area per City of Leadville regulations.

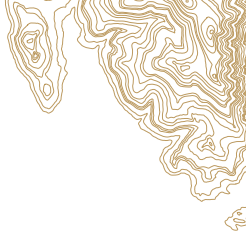


- 9 **COURSE MARKING** - The trail will be marked with pink/black pink flags and flagging tape.
- 10 Aero bars or clip-on inner bar extensions are no longer allowed at Leadville Race Series MTB events.
 - Traditional bar ends located outside of the grip are still permitted.

COMPLETE RULE LIST



**SCAN OR CLICK
TO VIEW**



CORRAL NOTES

RACE START & TIMELINE

Please give yourself plenty of time on race day, expect there to be a lot of traffic/parking may be difficult.

Reminder – Be sure to have your bike plate affixed to your handlebars.

5:00am	CORRALS OPEN
6:00am	ALL ATHLETES SHOULD BE IN THEIR CORRALS WITH THEIR BIKES
6:10am	UNATTENDED BIKES WILL BE REMOVED
6:15am	RACE STARTS - GOLD/PRO MEN
6:20am	RACE STARTS - GOLD/PRO WOMEN
6:32:30am	RED
6:35am	GREEN
6:37:30am	PURPLE
6:40am	ORANGE
6:42:30am	BLUE
6:45am	WHITE
6:47:30am	BROWN 1
6:50am	BROWN 2

CORRAL RULES

Riders will be in pre-assigned color-coded corrals. Corrals will be clearly marked.

Riders must start in assigned corral.

If you do not start in your assigned corral – you will be disqualified.

BROWN 1 & 2 will be SELF-SEEDED.

All belt buckle times are based on chip time. This ensures all racers who DO make their cut-off times, will have equal opportunity to make the 9 and 12 hour buckle times. (Verification of final buckle times and distribution will happen in the chute once you cross the line.)

CORRAL NOTES

To view the most up-to-date corral information and placement, please visit the leadvillerraceseries.com

CORRAL INFO



SCAN OR CLICK
TO VIEW

NOT IN THE RIGHT CORRAL?

If you believe that you have a finish time that would place you in a faster corral, here are the steps needed:

- 1 View our 2024 corral chart for corral assignments and eligible races.
- 2 Send a screenshot or the direct link to your 2023 or 2024 results to us at: leadville@ltevents.zendesk.com for us to verify and consider re-corralling you.

As one of the most well-known mountain bike races on earth, getting into the Leadville Trail 100 MTB has always been difficult. LT100 Qualifiers are long and tough, with lots of climbing. They are similar to the classic course at Leadville in that they consist mainly of rugged jeep roads of gravel and dirt. A qualifier event could not only gain you entry into the LT100 MTB, but it could also boost your corral starting position in the Race Across the Sky!

Rider starting positions will be organized in color-coded corrals. These positions will be based on a finish time from a previous (see corral chart) LT100 MTB finish/qualifier finish. If you race a qualifier after previously gaining entry, you MUST email Athlete Services a direct link to your individual results so you will be placed accordingly. You will not be placed automatically.

Corral assignment times are subject to change at any time at the sole discretion of the Leadville Race Series.

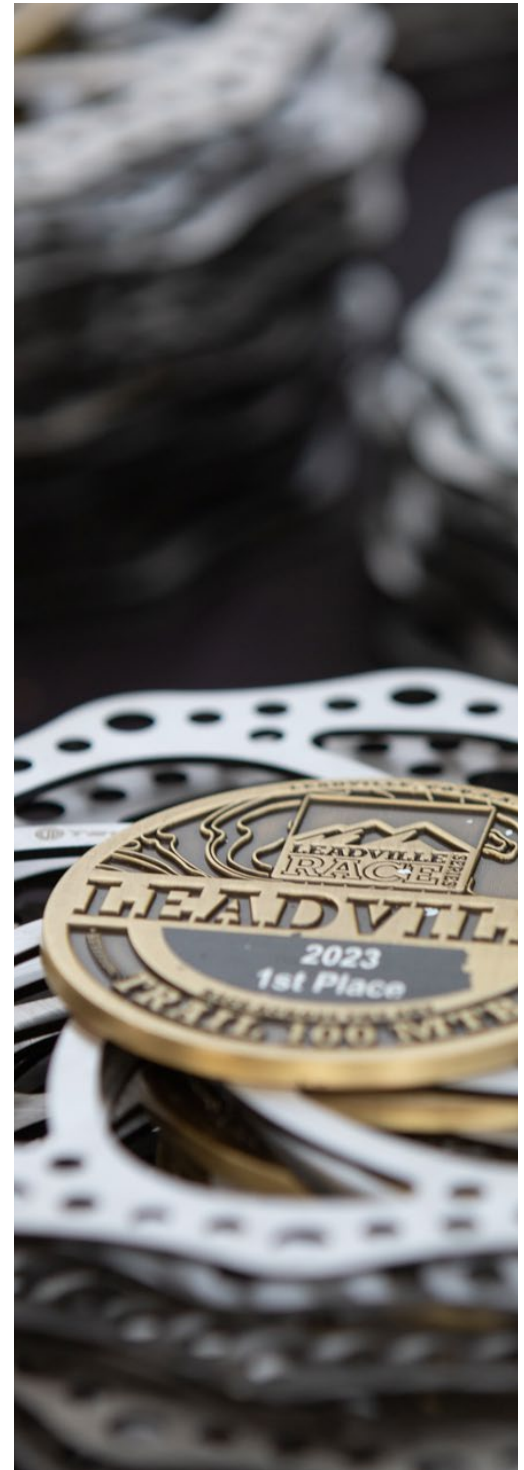
AWARDS

Awards Ceremony

The awards ceremony will take place on Saturday, August 10th, 2024, at 6th & Harrison at 7:00pm.

- Belt buckles will be distributed directly in the finish chute at the end of your race!
- All finisher hoodies will be custom printed and shipped directly to your door.
- Racers must complete the event in under 12 hours to be considered an official finisher and receive their hoodie and belt buckle.
- All awards will be presented at this time and must be picked up in person.
- Awards will not be given to others.

Age Group Categories	Awards
18-19 Men / Women	1000 Mile Buckles
20-29 Men / Women	2000 Mile Buckles
30-39 Men / Women	11 Year Jackets
40-49 Men / Women	Last Ass Over the Pass (last official finisher)
50-59 Men / Women	Age Group Awards (3 deep per category)
60-69 Men / Women	
70+ Men / Women	
Single Speed Men / Women	
Tandem	
Non-binary Open	*Overall male and female and pro athletes will be removed from age group awards.
Overall Male*	Note: If you cannot pick up your award, you will have the option to have it mailed to you for a small fee.
Overall Female*	
Para Male	
Para Female	



RACE SERIES Staff & Sponsors

Race Series Staff

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Rochelle Thomas
Athlete Service Manager

Grisell Rodriguez
Expo Manager

Bernadette Finck
Retail Manager

For more info please contact us at:
Leadville@lthevents.zendesk.com

Race Sponsors

We thank the following sponsors for making the 2024 Life Time Leadville Trail 100 MTB presented by Kenetik possible. Whether local or national, we ask our participants and fans to look to these sponsors first for the services or products they provide. We truly could not host these amazing events without all of you.

Our most sincere thanks to you all!

LIFETIME

KENETIX

