

# LIFETIME LEADVILLE TRAIL10K

PRESENTED BY LA SPORTIVA

2024  
ATHLETE  
GUIDE



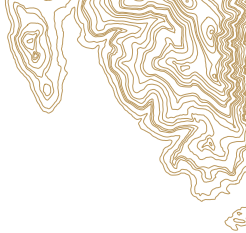
LIFETIME<sup>®</sup>



LEADVILLE  
RACE

SERIES<sup>SM</sup>

[LEADVILLERACESERIES.COM](http://LEADVILLERACESERIES.COM)



# TABLE OF CONTENTS

SECTION	PAGE #
Welcome Letter	03
Schedule of Events	04
Course Overview	05
Community Impact	06
Awards	07
Staff & Sponsors	08



# // WELCOME INTRO

## WELCOME HOME!

You didn't find Leadville, Leadville found you! So, come on home and once again, prepare to Dig Deep and breathe 10,200 feet of pure Leadville mountain air.

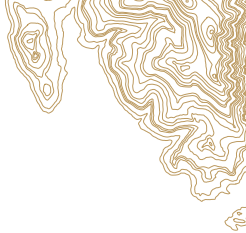
The event you've committed to will demand you Dig Deep. From the 10K, to the 100 mile run/100 mile mountain bike, Merilee and Tamira have spared no time or effort to remove any easy parts. Digging Deep will begin at the sound of the shotgun. Expect every stride, every push of the pedal to hurt some, and then, some more. So make pain your friend and you'll never have to run/ride alone. We believe in you! Now, you must believe in you. We have proved 1,000's of times—inside each runner, each rider is an inexhaustible well of Grit, Guts and Determination. So, when you need it, and you will—DIG DEEP! It's there! Inexhaustible!

Since that first 100 mile run in 1983 our primary goal has not changed: the economic survival and vitality of Leadville. And because of you, we have grown. On your behalf and in your honor, we established the Leadville Trail 100 Legacy Foundation. The Legacy, with the Leadville Race Series, has awarded more than \$1,120,000 in college scholarships to Lake County graduating seniors choosing to pursue higher education. In concert with our partner, the Life Time Foundation, we have joined forces on a variety of projects including grants for new trails and a mini excavator to build them, supporting healthy school lunches, and a new gym floor at Lake County High School. None of this would have been possible without the most important part of the Leadville Race Series—YOU!

You are family. Remember to thank the staff and volunteers whose hard work is singular—to get you from the starting line to the finish line. Family, friends, your job; all have sacrificed to get you to this point. Don't let them down. Don't let yourself down. From the bang to the buckle—totally you. Dig Deep. Commit. Repeat to yourself, "I won't quit".

**CROSSING THAT RED CARPET WILL CHANGE YOUR LIFE. THE SILVER BUCKLE IS WHAT YOU GET. WHAT YOU GAIN IS WITHOUT LIMITS!!**

*Ken, Merilee* & YOUR LEADVILLE RACE SERIES TEAM

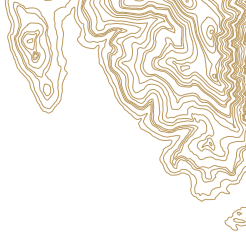


# SCHEDULE OF EVENTS

## SUNDAY, AUGUST 11TH, 2024

8:00AM-9:00AM	LEADVILLE TRAIL 10K PACKET PICK-UP <u>Location: Courthouse Lawn (Corner of 6th &amp; Harrison)</u>
9:00AM	LEADVILLE 10K START AND FREE KIDS DASH <u>Location: Corner of 6th St &amp; Harrison</u>
11:30AM	AWARDS





# COURSE OVERVIEW

This out-and-back course uses the first and last 3.1 miles of the LT100 Run course, featuring paved and dirt roads.

10K / 6.20 Miles	475' Elevation Gain	9,734' Lowest Point	10,135' Highest Point
---------------------	------------------------	------------------------	--------------------------

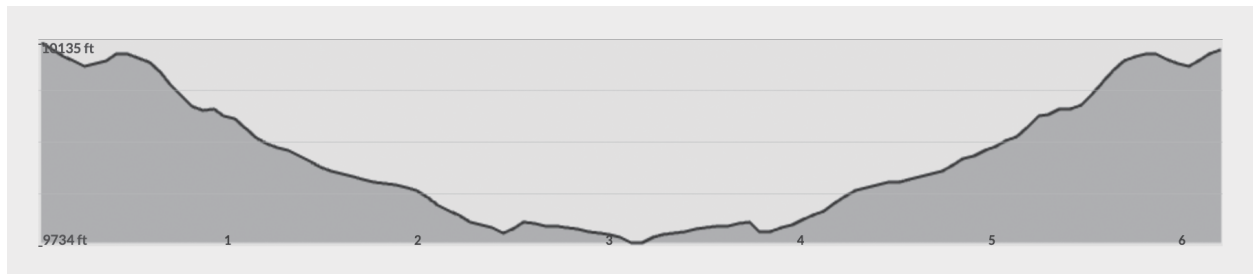
## GPS FILE



**SCAN OR CLICK**

<https://www.plotaroute.com/route/1644268>

## ELEVATION PROFILE



## AID STATION

There will be one aid station provided at the turnaround mark, as well as liquids on the Courthouse lawn.

**NOTE:**

- Due to safety restrictions on the course wheelchair participation is not permitted.
- Roads will not be fully closed to vehicle traffic, be careful at intersections.

## **WELCOME LEADVILLE RACE FAMILY!!!**

We are looking forward to sharing yet another magical, dream chasing, soul changing race season with all of you! Thank you for all you bring, including all of your support to our local community.

As many of you know, these events have grown from the timely vision of Ken and Merilee to address a critical economic impact with our local mine closing in 1982. From the first 45 starters in 1983, to 7 weekends of sold out events, we can all agree their vision has not only been incomparably realized, but has forged the path for outdoor recreation as a mainstay of today's economic vitality in Leadville.

With all of this in mind, we are reaching out to all of you to invite and request your ongoing support as we continue to strike the balance of extraordinary efforts and undertakings alongside unavoidable impact when we are 7000 strong in a community of 2700.

### **So from me to you, please:**

- DO, continue to use the shuttle system to decrease congestion downtown.
- DO continue to park in the designated areas for each event to also help with parking issues downtown.
- DO continue to help us keep our precious backyard immaculate and pristine, by always leaving it a little better than you found it!
- DO find those Porta-John's - and not someone's yard...:)
- And please know while these may seem like small things - they are enormous in a small town of 2700.
- And once more, thank-you for your partnership in how we show up in this backyard! Together we are "so much better than we think we are"... and can ALWAYS "do more than we think we can". Thank-you for joining myself, our amazing team, and our precious

### **LETS DREAM BIG AND FINISH STRONG!**

*Tamira*

**Race Director  
Leadville Race Series**

# AWARDS

## Awards Ceremony

Awards will be given to overall gender and age group top finishers and handed out during the awards ceremony.

### AGE GROUP AWARDS (3 DEEP PER CATEGORY)

#### Age Group Categories

19 and under Men / Women

20-29 Men / Women

30-39 Men / Women

40-49 Men / Women

50-59 Men / Women

60-69 Men / Women

70+ Men / Women

Non-binary Open

Overall Male

Overall Female

Para Male Overall

Para Female Overall

**AGE GROUP AWARDS WILL BE BASED ON THE AGE AN ATHLETE WILL BE ON RACE DAY.**



# RACE SERIES Staff & Sponsors

## Race Series Staff

**Tamira Jenlink**  
Event Manager  
[TJenlink@lt.life](mailto:TJenlink@lt.life)

**Ken Chlouber**  
Race Founder & 14-Time Finisher  
[KenChlouber@gmail.com](mailto:KenChlouber@gmail.com)

**Merilee Maupin**  
Race Founder, Former Race Director  
[MerileeM33@gmail.com](mailto:MerileeM33@gmail.com)

**Amanda Kussin**  
Marketing Manager

**Quinn Cooper**  
National Account Manager

**Rochelle Thomas**  
Athlete Service Manager

**Bernadette Finch**  
Retail Manager

**Grisell Rodriguez**  
Expo Manager

**Jack Shields**  
Marketing Specialist

For more info please contact us at:  
[Leadville@ltevents.zendesk.com](mailto:Leadville@ltevents.zendesk.com)

## Race Sponsors

We thank the following sponsors for making the 2024 Life Time Leadville Trail 10K presented by La Sportiva possible. Whether local or national, we ask our participants and fans to look to these sponsors first for the services or products they provide. We truly could not host these amazing events without all of you.

**Our most sincere thanks to you all!**

**LIFETIME**

